

Preseason Practice Schedule for JV and Varsity Football 2010

Wed., Aug. 18

12:30 -1:00 PM
1:00 – 6:00 PM
6:00 PM

Seniors Report for a Meeting with Coach Padalino
Team Meeting, Equipment Issue, Testing, Practice #1
Parent Meeting followed by Cook Out

Thurs., Aug. 19

3:00 – 7:00 PM

Testing, Meetings, and Practice #2

Fri., Aug. 20

3:00 – 7:00 PM

Testing, Meetings, and Practice #3

Sat., Aug. 21

9:00 AM – 12:00 PM
4:00 PM – 7:00 PM

Practice #4
Practice #5

Sun., Aug.22

4:00 PM – 7:00 PM

Practice #6

Mon., Aug. 23

9:00 AM – 12:00 PM
4:00 PM – 7:00 PM

Practice #7
Practice #8

Tues., Aug. 24

3:00 PM – 7:00 PM

Practice #9

Wed., Aug. 25

9:00 AM – 12:00 PM
4:00 PM – 7:00 PM

Practice #10
Practice #11

Thurs., Aug. 26

3:00 PM – 7:00 PM

Practice #12

Fri., Aug. 27

9:00 AM – 12:00 PM
4:00 PM – 7:00 PM

Practice #13
Practice #14

Sat., Aug. 28

10:00 AM

Scrimmage vs Whitman

Sun., Aug 29

OFF

Mon., Aug 30

9:00 AM – 12:00 PM
4:00 PM – 7:00 PM

Practice #15
Practice #16

Tues., Aug 31

3:00 PM – 7:00 PM

Practice #17

Wed., Sept. 1

9:00 AM – 12:00 PM
4:00 PM – 7:00 PM

Practice #18
Practice #19

Thurs., Sept. 2

TBD

Scrimmage vs Linganore (Frederick, MD)

Fri., Sept. 3

9:30 – 12:00

Film, Lifting, and Team Meeting

Sat., Sept. 4 and Sun., Sept. 5

OFF

Mon., Sept. 6

3:00 PM

Lift / Film and McNamara Practice #1